The emergence of zero energy ontology, the explanation of dark matter in terms of a hierachy of Planck constants requiring a generalization of the notion of imbedding space, the view about life as something in the intersection of real and p-adic worlds, and the notion of number theoretic entanglement negentropy led to a breakthrough in TGD inspired quantum biology and also to the recent view of qualia and sensory representations including hearing allowing a precise quantitative model at the level of cell membrane.

Also long range weak forces play a key role. They are made possible by the exotic ground state represented as almost vacuum extremal of K\"ahler action for which classical em and \$Z^0\$ fields are proportional to each other whereas for standard ground state classical \$Z^0\$ fields are very weak. This leads to a correct prediction for the frequencies of peak sensitivity for photoreceptors – something highly non-trivial remembering that also the large parity breaking effects in living matter find a natural explanation. It must be however emphasizef that there is also alternative model of Josephson junctions which seems to provide a better explanation for the role of protons in metabolism. Second quantitative key observation was that for electrons and quarks the time scales of causal diamonds correspond to fundamental biorhythms assignable to central nervous system.

## \vm{\it 1. Fractal hierarchy of EEGs}\vm

EEG is replaced with a fractal hierarchy of EEGs corresponding to various values of Planck constants involved.

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\item There are at least three contributions to EEG besides the contributions due to the neural noise and evoked potentials. These contributions correspond to Schumann frequencies, cyclotron frequencies \$f\_c\$ of biologically important ions in magnetic field \$B\_{end}=.2\$ Gauss, and to the Josephson frequencies \$f\_J\$ or theire generalizations associated with Josephson junctions assigned with cell membranes. If Josephson radiation modulates cyclogtron radiation also the frqequencies  $mf_J\pm$  nf\_c\$ appear in the spectrum. Perhaps the most natural option is generalization of Josephson junction so that generalized Josephson frequencies are sums for differences of cyclotron frequencies for flux tubes in the interior resp. exterior of cell membrane and of Josephson frequency  $f_J$ . This implies that the information provided by cell membrane oscillations and nerve pulse patterns is coded to frequency modulations for differences of cyclotron frequencies defining EEG rhythms.

\item In standard model  $f_J=ZeV/\hears$  would determined by the membrane potential and would correspond to energy in infrared. This sounds completely reasonable. TGD suggests two models for the cell membrane.

\item TGD inspires two views about cell membrane: the wiews need not be contradictory. For the first model cell is far from vacuum extremal, for the second model nearly vacuum extremal with classical \$Z^0\$ fields in key role.

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\item There are several constraints on the first model coming from the TGD based identification of bio-photons as energy conserving decay products of dark photons and one ends up to a new view about metabolism and gneralization to of the notion of Josephson junction so that Josephson energy includes besides electrostatic energy also the difference of cyclotron energies at two sides of the membrane. It seem that that the first model might be enough when generalized along lines inspired by Pollack's findings about the fourth phase of water.

\item It has been clear from the beginning that the nearly vacuum extremals of K\"ahler action could play key role key role in living systems. The reason is their criticality making them ideal systems for sensory perception. These extremals carry classical em and \$Z^0\$ fields related to each other by a constant factor and this could explain the large parity breaking effects characterizing living matter. The assumption that at least some cell membranes are nearly vacuum extremals and that nuclei can feed their \$Z^0\$ charges to this kind of space-time sheets (not true for atomic electrons) in living matter leads to a modification of the model for the cell membrane as Josephson junction. Also a model of photoreceptors explaining the frequencies of peak sensitivity as ionic Josephson frequencies and allowing the dual identifications Josephson radiation as biophotons (energies) and EEG radiation (frequencies) emerge since the values of Planck constant can be very large. Contrary to the original believe, this model does not require nonstandard value of Weinberg angle and this model and first model allow a hybrid.

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\item An important point is that the ions involved must behave like bosons or to form Cooper pairs. For cyclotron condensates either Cooper pairs of ordinary fermionic ions or exotic ions chemically similar to their standard counterparts obtained from neutral bosonic atom by making one or more neutral color flux tubes connecting nucleons charged. For Josephson radiation only the latter option works. TGD based nuclear physics indeed predicts this kind of nuclei and there is experimental evidence for their existence.

\item For cyclotron frequencies the extremals are assumed to be far from vacuum extremals carrying very small classical \$Z^0\$ fields but nonvanishing classical \$W\$ fields and color fields (with \$U(1)\$ holonomy). The corresponding flux quanta would naturally correspond to flux sheets traversing through DNA strands while Josephson radiation would propagate along flux tubes parallel to the cell membrane. Far from biological body one expects both kinds of flux quanta to fuse to form larger ones so that one has parallel spacetime sheets carrying cyclotron {\it resp.} Josephson radiation. Wormhole contacts between Josephson and cyclotron flux sheets would induce a non-linear interaction giving rise to a superposition of harmonics of Josephson and cyclotron frequencies.

\item Josephson frequencies are assignable to the cell membrane and would naturally correspond to the communication of sensory data to the magnetic body. This would suggest that cyclotron frequencies are assignable to the magnetic flux sheets going through DNA strands responsible for quantum control via genome expression. This picture might be too naive. Josephson radiation would induce transitions between cyclotron states should generate sensory representations at magnetic body so that both frequencies would be involved with sensory representations. Furthermore, the identification of motor action as time reversal of sensory perception allwed by zero energy ontology would mean that same mechanisms are at work for negative energies (phase conjugate radiation). Resonance is achieved if the condition \$mf\_J=nf\_c\$ is satisfied. For small values of integers \$m\$ and \$n\$ the condition is guite restrictive. Schumann frequencies can be assigned with the magnetic body of Earth and would correlate with the collective aspects of consciousness.

\item The model of hearing forces to assume quite a wide spectrum of Planck constants- at least the values coming as powers of two and the safest assumption is that at least integer multiples of the ordinary Planck constant are possible. Josephson radiation and cyclotron radiation have same scale if  $B_{end} \rightarrow 1/\hbar$  propto 1/\hbar\$ proportionality holds true. For 5 Hz Josephson frequency and membrane potential and for V=.70 mV corresponding to the resting potential of neuron one obtains r=(0.96, 1.20, 1.34, 1.01) for  $2^{47}$ . For  $Ca^{++}$  ion r is very near to a power of 2.

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\vm{\it 2. Basic aspects of EEG}\vm

Consider now how one could understand basic characteristics of EEG during wake-up and sleep in this framework.

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\item For small amplitudes and for the lowest harmonics this implies that alpha band to which the cyclotron frequencies most biologically important bosonic ions corresponds has as satellites theta and beta bands. Higher harmonics correspond to gamma and higher bands having also satellites.

\item For large amplitudes EEG becomes chaotic which is indeed the property of beta band during say intense concentration or anxiety. The findings of Nunez about narrow 1–2 Hz wide bands at 3,5,7 Hz and 13,15,17 Hz confirm with the prediction of satellite bands and fix the Josephson frequency to 5 Hz. This picture explains the general characteristics of EEG in wake-up state qualitatively and quantitatively.

\item In order to understand the characteristics during various
stages of deep sleep one must assume that the cyclotron frequency
scale of ions is scaled down by a factor of 1/2. The simplest
explanation is that the value of Planck constant increases by a
factor 2 in a phase transition having interpretation as a leakage of
cell membrane space-time sheet between the pages of Big Book defined
by the generalized imbedding space. During stage 4 sleep only only
DNA cyclotron frequencies in delta band are around 1 Hz and just
above the thermal threshold are predicted to be present. This stage
could correspond to a value of Planck constant which is \$4\$ times
its value in wake-up state. \end{enumerate}

The generalization of the model for EEG hierarchy to the case of ZEGs is straightforward and Josephson frequency spectrum is the same. Any atom, almost always boson, has an exotically charged counterpart with same statistics so that very rich spectrum of Bose-Einstein condensates results.

\vm{\it 3. The effects of ELF em fields on brain}\vm

The experimental data about the effects of ELF em fields at cyclotron frequencies of various ions in Earth's magnetic field on vertebrate brains were crucial for the development of the model of EEG. As a matter fact, it was the attempt to explain these effects, which eventually led to the discovery of the fractal hierarchy of EEGs and its generalizations.

The reported effects occur for harmonics of cyclotron frequencies of biologically important ions in Earth's magnetic field. They occur only in amplitude windows. The first one is around  $10^{-7}$  V/m and second corresponds to the range 1-10 V/m: the amplitudes of EEG waves are in the range 5–10 V/m. The effects are present only in the temperature interval 36–37 C.

\begin{enumerate} \item Cyclotron frequencies led to the vision about cyclotron condensates of biologically important ions and their Cooper pairs at the flux quanta of dark magnetic field with so large Planck constant that the energies of cyclotron photons are above thermal threshold. The model for EEG and biophotons in terms of Josephson radiation from cell membrane which is almost vacuum extremal allows to make this model more quantitative.

\item The temperature window has one interpretation in terms of a competion of almost vacuum extremal property of cell membrane possible above some critical temperature and high \$T\_c\$ superconductivity possible below some critical temperature.

\item The amplitude window  $10^{-7}$  V/mfollows from a quantized form of Faraday law whose existence is supported by the fact that space-time sheets are analogs of Bohr orbits in exact sene. The quantisation condition relates the amplitude of electric field to Planck constant and frequency. For the value  $r=\bar/\bar_0=$  $2^{47}$  of Planck constant required by 5 Hz Josephson frequency the  $10^{-7}$  V/m amplitude is predicted correctly.

\item The amplitude window around 1–10 V/m (EEG amplitudes are in the range 5–10 V/m) follows if the values of Planck constant in the range  $10^7r-10^8r$  can be justified. A possible justification is based on the observation that for  $r_1=10^8r$  the Compton wave length of intermediate gauge bosons corresponds to k=163 defining Gaussian Mersenne and wavelength corresponding to 2 eV energy for photon which also corresponds to bio-photon energies assignable to 70 mV resting potential of neuron membrane. Electron's Compton length corresponds for  $r_1=10^8r$  to 28 cm, which defines the size scale of brain. One might hope that these findings could allow to build an internally consistent story about what happens.

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The proposed model for EEG, the idea that Gaussian Mersennes (four of them are in the range 10 nm-2.5 micrometers) define p-adic length scales allowing exotic variants of color and electro-weak physics with light intermediate gauge bosons at space-time sheets near vacuum extremals, and the assumption that the preferred values of Planck constant are such that they relate these p-adic scales to each other leads to a detailed quantitative vision about evolution of life as emergence of longer scales belonging to this hierarchy and as special case also to a vision about evolution of cell, nervous system, EEG, and long term memory. The model predicts a hierarchy of preferred size scales for various sub-systems of organisms and corresponding time scales identifiable in terms of bio-rhythms and memory span.

%\end{abstract}